BE A FRIEND BE A HERO

Advice from former students before entering middle school

FRIENDS

- Stay away from the wrong crowd; get in a good group
- Have someone you can trust to support you
- Make lots of new friends, not just the ones you knew in elementary school
- Don't let anyone force you to do stuff

SCHOOL WORK

- Turn in your work on time
- Pay attention; you're learning lots of new things
- · Keep working hard
- Study
- Keep on trying
- The first 2 days are the hardest
- Ask for help
- Keep your schedule with you at all times
- Listen to your teachers; you'll have more than 1
- Have your school supplies ready
- Plan locker trips and bathroom trips based on what part of the building you're in or going; don't plan to go to your locker between every class period

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ATTITUDE

- Be yourself
- Be careful
- Make the right choice; stay out of trouble
- Try your hardest
- Be honest
- Focus on positive
- It's ok to be nervous
- Get good rest

OTHER

- Start thinking about what you want to be in the future
- Be clear about your personal boundaries; and respect the boundaries of others
- Grades are more important than being popular
- Practice opening your locker code
- Don't do drugs or drink



